

Project Work Report of Anweshi Women's Counseling Centre

**Supported by the Kerala Women and Child
Development Department**

April 1, 2024 to March 31, 2025

**Anweshi women's counselling centre
Kuthiravattam PO
Kozhikode - 673016**

INTRODUCTION

Anweshi, established in 1993, is a women's organisation operating in Kozhikode. It is the largest women's organisation in the area. The primary aim of Anweshi is to empower women to face discrimination and violence in the family, workplace, and public spaces with courage and self-confidence.

Since 2008, Anweshi has been a service provider under the Kerala Women and Child Department, according to the legal act protecting women from domestic violence. Anweshi holds an A grade status from the Kerala Women Commission and received accreditation from the Kerala Social Justice Department in 2016.

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COUNSELLING

Anweshi provides counselling services to women who come with complaints, offering them mental support and working to resolve their issues by communicating with the involved parties. Women approach Anweshi with a variety of problems, and the organisation provides emotional support, suggestions, and assistance to help resolve these issues effectively.

The majority of complaints are related to domestic violence. Anweshi receives complaints from women, and the community workers visit the homes of the opposing parties to gather information, and invite them to Anweshi for counselling. Typically, three or four counselling sessions are required to address each complaint. If the issue is not resolved through counselling, it is referred to the legal aid cell for legal support. Cases involving mental health issues or drug addictions are referred to appropriate treatment centres. Various institutions, including the medical college, protection office, Boomika Centre, MHAT, panchayats, police stations, women's cells, and family courts, send cases to Anweshi.

From April 1, 2024 to March 31, 2025, the handling of complaints by Anweshi is outlined below.

Column - 1

Month	New cases	Follow up	Settled	Consultation
April	13	15	3	2
May	10	15	5	2
June	20	22	6	0
July	11	27	4	3
August	18	34	8	5
September	5	25	6	3
October	18	25	5	5
November	18	30	9	2
December	17	25	5	3
January	20	35	6	5
February	21	30	7	3

Month	New cases	Follow up	Settled	Consultation
March	10	21	5	2
Total	181	304	69	37

From April 1, 2024, to March 31, 2025, Anweshi received the following types of complaints:

Column - 2

Month	Domestic violence	property discrimination	Sexual exploitation/violence	Other
April	8	1	1	3
May	8	1	0	1
June	16	1	0	3
July	9	0	1	1
August	15	0	0	3
September	11	1	1	2
October	15	0	0	3
November	12	0	1	5
December	13	1	0	3
January	13	0	0	7
February	13	1	0	7
March	4	1	2	3
Total	137	7	6	41

Important cases during this period at Anweshi has been described below

CASE - 1

A 38-year-old woman came to Anweshi due to her husband's alcoholism. This was the second marriage of the complainant and the third marriage of the opposite party. The couple has a

3-year-old and 1-year-old children. The opposite party, a fisherman, is a habitual drunkard and a suspect. The church committee had intervened and spoken several times after there were daily quarrels and disturbances in the house. On one occasion, the complainant had stayed apart from the opposite party. Eventually, he said he wouldn't drink again and stayed together. But the opposition was back to square one. It was in this context that the complainant approached Anweshi.

The community workers of Anweshi went to the house of the opposite party and enquired about the matter and asked the opposite party to appear in the office. Based on this, the opposition came to the office and talked to the councillor. The defendant stated that he wanted to go out with the complainant and that he was not an alcoholic. The complainant then spoke to the councillor and said that she would be willing to go with the opposite party only if the opposite party undergoes de-addiction treatment and completely stops drinking and the opposite party accepted this condition and informed that he is willing to go for de-addiction treatment. Accordingly, de-addiction treatment was provided to the opposite party at M-Hat and counselling was provided to the complainant. Through continuous treatment, the drinking habit of the opposite party was cured and both of them started living together.

CASE - 2

The 42-year-old woman came to the investigation with a complaint of her husband's alcoholism. They've three sons. Since the marriage, the husband had been drinking and did not meet the needs of the children or the complainant. The opposite party is the person who does not go to work regularly and gets drunk with the money he gets on his work days. Therefore, the complainant went to work as a cleaning staff and met the household and children's educational needs and helped them in getting jobs. The complainant had taken her husband to de-addiction treatment to stop his alcoholism. He stopped drinking, but resumed drinking three months later. The opposite party was also a heart patient. The doctor strictly told him to stop drinking, but the opponent did not add to it. When he could not go to work due to illness, he borrowed money from people in the name of the complainant, and he continued to drink alcohol by taking away many household items and selling them. When the opposite party got drunk and fell on the roadside, the complainant and her children suffered mental agony and could not take the relationship forward.

The community workers went to the house of the opposite party and enquired about the matter and directed the opposite party to come to the office. Based on this, the opposition came to the office and talked to the councillor. The opposition said that the complainant does not pay attention to his affairs and that he does not get food from the house for 8 months. The opposition said they were ready to stop drinking. Then they had a joint session and talked to each other. The complainant stated that she was not paying attention to the things of the opposite party due to his drinking and that she was ready to forgive him one more time if he stopped drinking. Counseling

was conducted for both of them together and separately several times. As a result, the opponent stopped drinking and began to go to work regularly. When the complainant was enquired, she said there was no problem. Later, follow up was conducted several times and learned that both of them were continuing their lives without any problems.

CASE - 3

The 32-year-old woman approached the police alleging physical and mental harassment by her husband. They have been married for 15 years. It was a love marriage. They have two boys, aged 13 and 7, who are both J.D.T. school students. The complainant works as a receptionist at the hospital. The complainant has been suffering from physical and mental harassment from the opposite party for the last four years. The complainant alleged that the accused used to come home drunk regularly, create ruckus and beat her up. The opponent also suspected their married life. Even if the complainant talks to others, the opposite party will have a problem and the opposite party will react very badly against it. The complainant lost her job after the opposite party created a ruckus in all the establishments where she had worked earlier. The victim has complained several times to the police but no action has been taken. Following this, the complainant approached Anweshi. After realising that the complainant was in urgent need of accommodation, Anweshi gave accommodation to the complainant and the children in the short stay home.

The investigators went to the opposing party's house to investigate the matter and asked the opposing party to come to the office. Based on this, the opposition came to the office and talked to the councillor. The opposition also said that the complainant had doubts. A joint session was held and we talked to each other. The two were given counseling together and individually. The opposite party agreed not to cause any further trouble and took the complainant and the children away.

But after a few days, the problem aggravated and the complainant again returned to the short stay home with the children. The complainant then went to the Chevayur police station along with the Anweshi community workers and filed a complaint against the opposing party. The complainant and the opposition were called to the police station. Both of them were then provided counselling and treatment at M-Hat's psychiatric clinic. Through continuous counselling and treatment, the problems were resolved to an extent and the complainant went with the opposite party from the Anweshi short stay home. Counselling and treatment are still going on.

CASE - 4

A 47-year-old woman came to Anweshi to file a complaint against her husband. The two have a son and a daughter and the daughter is married. There were disputes between the two since they

got married. Two days after the marriage, the complainant's gold was taken into possession by the opposite party and in return, the complainant was given rold gold. Later, on the pretext of not getting the expected dowry, the opposite party came in a drunken state and assaulted the complainant. The complainant endured the harassment of the opposite party for the sake of her children's future. Later, the opposite party was not ready to bring the daily expenses of the house or to take care of his wife and children. It was the complainant's own parents who helped her in her difficult life. The complainant then taught the children by doing household chores and preparing food in the school and married off her daughter. Meanwhile, the harassment by the opposing party continued. The complainant approached Anweshi as she cannot live with the opposite party anymore.

Following the complaint, Anweshi community workers went to the opposing party's house to investigate the matter and asked the opposing party to come to the office. Based on this, the opposition came to the office and talked to the councillor. The opposition said that he had to take the gold as he had debts in the initial days of her marriage and the complainant had extra-marital affairs due to which he created problems. He said he didn't want to continue the relationship. Then they had a joint session and talked to each other. Both of them were counselled several times individually and together. But as both of them were firm that they could not live together anymore, they filed a mutual petition for divorce without any conditions. The two later divorced and are living separately.

CASE - 5

A 23-year-old woman approached Anweshi as she was seeking counselling and temporary accommodation after experiencing severe mental distress and attempting suicide following the end of her relationship. The girl was living with her family in Gudalur. She was also a B.Tech Mechanical Engineering graduate and works in an institute in Chennai and had to end her love affair due to some differences in opinions. Following this, the girl attempted suicide. Then she went into depression. It was at this point that the complainant approached Anweshi. The complainant was provided treatment at M-Hat clinic at Anweshi and was given accommodation at Anweshi short stay home. With proper treatment and counselling, the condition of the complainant has changed for the better. Later, she got a job at an electronic company called Eham Digital in Kozhikode. When the complainant was in a position to stand on her own feet, the complainant voluntarily sought and was discharged from the short stay home and shifted to the hostel. Counselling and treatment are still ongoing and the complainant is in good health.

CASE - 6

A 73-year-old woman approached Anweshi with a complaint that her husband was not giving her any money for her daily expenses. They had been married for four years. It was the complainant's first marriage, while it was the second marriage for the respondent. The

complainant had initially decided never to get married. However, due to age-related health issues, she eventually entered into this marriage. The respondent had a daughter and a son from his first marriage. The daughter is married, while the son is affected by cerebral palsy. The respondent did not show any concern for the complainant's health matters. He did not give her any money even for hospital visits or to purchase medicines. The complainant had to pledge a ring she owned to cover her medical expenses. It was under these circumstances that she approached Anweshi.

Anweshi community workers visited the respondent's home, inquired into the matter, and requested the respondent to appear at the office. Based on this, the respondent came to the office and spoke with the counselor. The respondent claimed that he was providing the complainant with everything she needed, and stated that she had physical ailments and memory issues even before the marriage, which she had hidden from him. He also mentioned that he was 73 years old and was still working to make a living. After conducting several counseling sessions with both of them individually and together, it became clear that neither of them was interested in continuing the relationship. The respondent agreed to pay the complainant ₹50,000 as compensation and return a 16 grams of gold chain that was given to her at the time of the marriage. Following this agreement, a mutual divorce petition was filed through Anweshi. The marriage was legally dissolved, and the two have since gone their separate ways.

CASE - 7

A 32-year-old woman approached Anweshi due to ongoing family issues with her husband. The couple had been married for 15 years and have three children together — two sons and a daughter. For the initial few years after their marriage, there were no major issues. However, for the past four years, the complainant had been facing severe difficulties due to her husband's extreme suspicion. He would create problems over trivial matters, restrict her movements outside the home, and severely curtail her personal freedom. It was under these oppressive conditions that the complainant came to Anweshi seeking help.

Anweshi community workers visited the respondent and enquired into the situation. They requested him to come to the office for further discussions. The respondent appeared at the office and spoke with the counselor. He stated that he had no issues with the complainant and that he had always treated her with utmost respect. He also claimed that he had no suspicions about her character. Multiple joint counseling sessions were conducted with both parties, along with individual sessions. During her solo counseling, the complainant expressed clearly that she could no longer continue in the marriage. Both parties eventually agreed to separate. An agreement was then drawn up, which included the respondent's commitment to repay a loan that had been taken in the complainant's name and to pay ₹9,000 per month for the upkeep of their three children. Both parties signed the agreement. The separation was finalized through the process of *Talaq*. The first and second *Talaqs* were pronounced on June 25 and July 25, respectively, followed by the third *Talaq* on August 25, thus officially ending the marital relationship. The matter was resolved amicably.

CASE - 8

A 21-year-old young woman approached Anweshi with issues related to her family. Her main concern was that her parents showed more affection towards her younger sister and did not consider her needs at all. As a result, she expressed that she could no longer stay at home and requested to be accommodated in the Short Stay Home. From the time she left home, her family had been searching for her. Upon learning that she was at Anweshi, her parents came to the office and spoke with the counselor. The complainant came from a family facing significant financial difficulties. The parents stated that both daughters often caused major issues over minor matters. They emphasized that they loved both daughters equally but admitted that the complainant had developed the feeling that they were being partial, which led to her distress. Despite her parents' request, the complainant refused to return home. She was therefore accommodated at the Short Stay Home. She, along with her parents, was then referred to the psychological counseling cell for further support. During the counseling, symptoms of depression were identified in the complainant. Accordingly, she was provided with both medication and counseling support, while her parents also underwent counseling sessions. Over time, the complainant showed significant improvement and eventually returned home with her parents.

The complainant had also been mentally distressed due to not receiving her SSLC and Plus Two certificates from her college, as they had not paid the fees. When Anweshi contacted the college principal, the management agreed to reduce the pending fee to a concessional amount. However, the family was still unable to pay even the reduced amount. Anweshi paid the necessary fee from its office fund and helped the complainant retrieve her certificates. Later, the complainant expressed interest in enrolling in a CMA (Cost and Management Accounting) course. She was assured that Anweshi would explore possible financial support and try to find a sponsor for her studies. The complainant continues to receive regular counseling and treatment, and she is now living happily without any issues.

CASE - 9

A 31-year-old woman approached Anweshi with a complaint that her male friend was mentally harassing her by constantly threatening to shame her on social media and expose their private chats. The complainant is a divorcee and was working in a temporary position with KSEB. In 2024, she had joined a gym named Tryfit, where the respondent was employed as a trainer. Over time, they became friends, and the respondent proposed a romantic relationship. Although the complainant initially rejected his proposal, she eventually agreed due to his persistent pressure. She told him that she was interested in marriage and asked him to speak with her family. As the relationship progressed, the complainant came to know that the respondent was five years younger than her. She felt that she could not accept this age difference and informed him that she could no longer continue the relationship. The respondent initially agreed to this. However, a few

days later, his behavior changed, and he began emotionally pressuring her, saying that he would commit suicide if she ended the relationship. When the complainant stopped answering his phone calls, the respondent came to her workplace and created a scene. He also threatened to send their photos and chat messages to others. It was under these circumstances that the complainant sought support from Anweshi.

Anweshi community workers visited the respondent's house, enquired into the matter, and spoke with him and his family. They asked him to appear at the Anweshi office. Based on this request, the respondent and his family came to the office and spoke with the counselor. The respondent stated that he had genuinely loved the complainant and could not accept the breakup, which led to his extreme behavior. He assured that he would no longer trouble the complainant in any way. He also deleted all the photos and chat messages between them at the Anweshi office. The complainant was informed of this, and to help reduce her stress, she was referred to counseling at the M-HAT clinic functioning within Anweshi. Counseling sessions began and continue to this day. It was later confirmed that the respondent did not cause any further trouble to the complainant. The issue was thus resolved amicably.

CASE - 10

A 71-year-old woman, accompanied by her 65-year-old ailing younger sister, approached Anweshi seeking shelter due to her son's excessive alcohol consumption and abusive behavior, which had made it impossible for her to continue living at home. The complainant had previously approached Anweshi in 2019 with the same issue. At that time, she had filed a complaint with the Senior Citizens' Protection Tribunal, which referred the case for her son to undergo de-addiction treatment. This resolved the issue temporarily. However, after a period of peace, the son resumed drinking and began severely harassing the complainant once again. He worked during the day and would return in the evening, only to go out again and come back home drunk around midnight. He would verbally abuse and physically mistreat the complainant. On one occasion, he assaulted her with an iron rod, injuring her eye. Following this, the complainant's brother took her to Starcare Hospital for treatment. After being discharged from the hospital, she, along with her younger sister, arrived at Anweshi.

Until the issue could be resolved, both the complainant and her sister were given shelter at Anweshi's Short Stay Home. A formal police complaint was then filed at the Medical College Police Station against the respondent. Anweshi community workers accompanied the complainant to the station and met with the Circle Inspector to discuss the matter in detail. The complainant expressed her willingness to return home if her son received proper treatment to overcome his alcohol addiction. The C.I. then contacted the authorities at Kuthiravattam Mental Health Centre and arranged for de-addiction treatment facilities. The police subsequently brought the respondent to the hospital and admitted him for treatment. The complainant stayed with him during his hospitalization, while her sister continued to reside at the Short Stay Home. Through

consistent medical care, the respondent showed significant improvement and was discharged. The complainant, along with her sister, returned home. His continued treatment was brought under the supervision of M-HAT operating within Anweshi. With counseling and medication, the respondent completely stopped consuming alcohol and continues to follow the treatment regimen. Both the complainant and her sister are now living happily and without any further issues.

CLIENT'S MEETING

This meeting is convened for individuals who had lodged complaints with Anweshi and subsequently obtained successful resolution of their issues. During these gatherings, participants share their experiences regarding the challenges they encountered and how their issues were effectively addressed. Through this interaction, they gain perspective on their own challenges, realizing their comparatively trivial nature in light of issues faced by others. As a result, they approach life's difficulties with a renewed sense of confidence and resilience.

Clients Meeting on 22-07-2024:



Clients Meeting on 21-09-2024:



PSYCHOLOGICAL AID CELL

On December 16, 2021, a Psychological Aid Cell commenced its operations in collaboration with the Mental Health Action Trust (MHAT) at Chalappuram, Kozhikode. The cell comprises a team consisting of a Clinical Psychologist, a Psychiatric Social Worker, and a Mental Health Worker, who convene with clients every Thursday. Additionally, Psychiatric Consultant Dr.Fawas is available to prescribe medication if deemed necessary. A significant portion of the complaints received by Anweshi office pertains to women experiencing direct psychological pressure due to various forms of violence. Counsellors empathetically engage with these individuals to comprehend their mental distress during counselling sessions, subsequently referring them to the Psychological Aid Cell. In many instances, multiple interactions occur with the involved parties, ensuring comprehensive support and follow-up.

From April 2024, to March 31, 2025, the Psychological Aid Cell has facilitated legal aid for a total of 240 cases.

Month	New cases	Settled	Consultation	Follow up
April	2	0	1	15
May	4	0	0	9
June	7	2	3	10
July	4	2	1	10
August	3	1	2	19
September	1	0	0	11
October	2	1	1	14
November	3	0	2	12
December	1	1	1	14
January	4	0	0	20
February	0	0	0	23
March	2	1	1	18
Total	33	8	12	175

COMMUNITY WORK

Community work involves community workers actively engaging with both parties, bringing them to Anweshi's office for resolution. They accompany women to police stations, courts, and other government institutions as needed for their complaints. Additionally, they organise seminars, workshops, legal aid classes, and awareness programs to educate and empower the community.

Field visits conducted from April 1, 2024, to March 31, 2025, are detailed below:

Month	Field visit	Police station visit	Organizing
April	21	2	0
May	23	4	0
June	25	3	2
July	23	2	3
August	23	1	4
September	26	2	5
October	22	1	3
November	21	2	3
December	21	2	6
January	23	3	6
February	23	2	11
March	26	3	13
Total	277	27	56

LEGAL AID CELL

Cases that cannot be resolved are referred to the legal aid cell. This cell provides various types of legal assistance to clients. Services include offering legal advice, filing complaints with the police, drafting agreements for cases settled through counselling, sending advocate notices, and filing cases in court.

From April 1, 2024, to March 31, 2025, the legal aid cell provided assistance in 56 cases.

Column- 1

Month	Number of cases	Number of consultation
April	7	0
May	2	0
June	6	2
July	4	2
August	14	4
September	5	2
October	9	2
November	11	1
December	5	5
January	7	1
February	9	5
March	11	2
Total	90	26

The method of providing legal assistance in 90 cases from April 1, 2024 to March 31, 2025

Column- 2

Month	Compl aint filed in police station	Agreem ent	Case filing	Affidavit Filed in court	Allowed Case	Closed cases in court	Counter	Total
April	2	0	4	1	0	0	0	7
May	0	0	1	1	0	0	0	2
June	0	1	2	1	0	0	2	6

Month	Complaint filed in police station	Agreement	Case filing	Affidavit Filed in court	Allowed Case	Closed cases in court	Counter	Total
July	0	0	2	2	0	0	0	4
August	1	2	6	2	3	0	0	14
September	0	0	1	2	2	0	0	5
October	1	0	3	1	1	3	0	9
November	2	2	4	2	0	1	0	11
December	0	0	2	2	0	0	1	5
January	0	0	3	3	0	0	1	7
February	2	0	1	1	1	4	0	9
March	4	0	3	2	2	0	0	11
Total	12	5	32	20	9	8	4	90

LEGAL LITERACY CLASS

These classes are offered in both rural and urban areas to enlighten women about their rights and the law. They are conducted through Anganwadis, residents' associations, and Kudumbashree units.

From April 1, 2024, to March 31, 2025, Anweshi provided a total of 15 Legal literacy classes.

Month	Number	Number of participants
April	0	0
May	0	0
June	0	0
July	1	36
August	1	49
September	0	0
October	2	$45+31 = 76$
November	2	$26+25 = 51$
December	3	$31+42+26 = 99$

January	4	$23+42+33+40 = 138$
February	1	49
March	1	26
Total	15	524

Legal class held at Perummana on 29-08-2024:



Legal class held at Payyanakkal Y.M.R.C on 07-02-2025:



SHORT STAY HOME

The Short Stay home provides protection for women and children until their problems are resolved. During their stay, they receive medical and legal assistance. Additionally, they are offered training in tailoring, jewellery making, and crafting to improve their mental well-being.

The number of women and children who stayed at the short stay home from April 1, 2024 to March 31, 2025.

Month	Women	Children	New Admission Women	New Admission Children
April	6	2	5	1
May	6	1	1	0
June	4	1	0	0
July	6	3	3	2
August	4	5	4	2
September	7	4	0	0
October	5	2	1	1
November	5	2	2	0
December	7	3	4	1
January	9	2	5	0
February	8	3	3	2
March	6	1	1	0
Total	73	29	29	9

SHORT STAY HOME RENOVATION

The Short Stay Home building at Anweshi, constructed in 2015, underwent necessary repair and renovation works, which were carried out by Aster MIMS Charitable Society under the leadership of its Chairman, Dr. Azad Moopen. The renovated building was formally inaugurated on Saturday, September 7, 2024, at 9:30 a.m. by Dr. Beena Philip, Mayor of Kozhikode.



HEALTH PROGRAMME

Recognizing violence against women as a public health concern, Anweshi functions in this regard with the Medical College Hospital as its primary operational centre. Women who have experienced various forms of violence are provided psychological, social, and legal support at the Medical College Hospital, empowering them to address such crises. However, efforts were made to engage with medical staff in various departments, including the surgery (burn ward), ENT, gynocology, and mental health departments. Anweshi representatives met with nurses in charge in these wards and urged them to facilitate the referral of abused women and their relatives to Anweshi for assistance. They obliged. Despite the limitations, Anweshi was able to investigate and resolve cases from these wards.

ADOLESCENT PROJECT

Seminars, discussion classes, camps, and workshops for mothers, adolescent girls, adolescent boys, and teachers on various topics such as health, law, personality development, counselling,

and gender status, are conducted at primary health centres, anganwadis, clubs, schools, and colleges.

During the period from April 1, 2024, to March 31, 2025, the classes were conducted as follows:

Month	Number of Sessions	Number of Participants
April	0	0
May	0	0
June	0	0
July	0	0
August	1	38
September	0	0
October	0	0
November	3	43+34+26=103
December	6	37 + 32+ 22+26+37+60=214
January	0	0
February	0	0
March	0	0
Total	10	355

Adolescent class held at Perambra Higher Secondary School on 28-12-2024:



Adolescent class held at Perummana School on 22-08-2024:



Adolescent class held at Perummana School on 19-12-2024:



VIOLENCE FREE PANCHAYATS

To ensure selected panchayats in Kozhikode district are free from violence, Anweshi undertook visits to each panchayat, activating Jagratha Samithies in collaboration with Panchayat members and Presidents. Additionally, Anganwadis, police stations, and health centres within the panchayats were also visited.

Ward members are provided with the necessary support to address and eliminate violence against women within their respective wards. In instances where issues prove to be insurmountable at the local level, they are referred to Anweshi for resolution. During this period, efforts were concentrated on activating Jagratha Samithies in 14 Wards of Kuttiyadi Panchayat. Various activities were undertaken in the panchayats of Kunnamangalam, Perumanna and Chelannur.

Jagrata Samiti class held at Thottumukkam on 09-10-2024:



Jagrata Samiti class held at Kuttiyadi Thumbakkunnath on 18-12-2024:



Jagrata Samiti class held at Perummana Velayikkode on 08-01-2025:



SEMINAR

Seminars are organized on various topics such as health, law, personality development, counselling, gender status, women's social security systems, PWDV Act, POSH Act, POCSO Act and current social issues. These seminars are conducted by eminent individuals in their respective fields. They are held in both rural and urban areas, targeting Residence Association members, Kudumbashree Units, Panchayat members, health workers, ICDS workers, school and college students, parents, etc. Each seminar typically sees participation from 70 to 150 individuals.

During the period from April 1, 2024, to March 31, 2025, a total of 4 seminars and 2 awareness classes were conducted.

- 1) On 26th November 2024, a seminar was organized for first-year MSW students at the SR Vogel Memorial Hall, Holy Cross Institute of Management & Technology (HCIMT), Kozhikode. The event began with a welcome address by Jose Mathew K, Head of the Social Work Department at HCIMT. The Principal, Dr. Martin Bernard, presided over the function, and the seminar was inaugurated by K. Ajitha, President of Anweshi, Kozhikode. The vote of thanks was delivered by P. Sreeja, Secretary of Anweshi.

Ms. Geetha, a KILA faculty member, conducted an informative session covering topics such as gender, adolescent characteristics, personality development, the human body, and sex education. In the afternoon, a group discussion and evaluation of the seminar were held. A total of 68 students participated in the seminar.



- 2) On 10th December 2024, a seminar was conducted at Noorul Islam Madrassa, Kodyathoor. The event began with a welcome address by T.K. Aboobacker, Ward Member of the Kodyathoor Grama Panchayat, and was presided over by Fasal Kodyathoor, Vice President of the Panchayat. The seminar was inaugurated by Divya Shibu, President of Kodyathoor Grama Panchayat. K. Ajitha, President of Anweshi, was the chief guest of the event.

Welfare Standing Committee Chairman Babu Polukunnu, Development and Welfare Standing Committee Chairperson Ayisha Chelappurath, and Health and Education Welfare Standing Committee Chairperson Mariyam Kutty Hassan conveyed their greetings and addressed the gathering. Prasanna Kumari, Additional CDPO of Kunnamangalam, and ICDS Supervisor Lissa P.K. also spoke on the occasion. Community Women Facilitator Raseena delivered the vote of thanks.

P. Sreeja conducted a session on the importance of Jagratha Samithi and women's safety mechanisms. Advocate Sajira led a session on women-centric laws. A total of 82 participants attended the seminar.



- 3) On 17th December 2024, a seminar was organized for MSW students at the PTA Hall of St. Joseph's College, Devagiri, Kozhikode. The event commenced with a welcome address by Dr. Aneesh Kurian, Head of the Social Work Department. The Principal, Dr.

Bobby Jose, presided over the function, and the seminar was inaugurated by K. Ajitha, President of Anweshi, Kozhikode. Fr. Sinil M. Antony, Director of Self-Financing Courses, offered his felicitations, and P. Sreeja, Secretary of Anweshi, delivered the vote of thanks.

Mr. Hemapalan, an international trainer from OISCA, conducted a session on the topic of “Communication Skills.” In the afternoon, Smitha K.B. led a session on the topic of “Gender.” The workshop concluded with an evaluation session at 4 PM. A total of 73 students participated.



- 4) On 21st December 2024, a seminar was conducted at Pokkunnu G.U.P. School for the members of the Pokkunnu Jagratha Samithi. The event began with a welcome address by Jagratha Samithi Convenor Smt. Shailaja, and was presided over by Ward Counselor K. Isa Ahamed. The seminar was inaugurated by K. Ajitha, President of Anweshi. Felicitations were delivered by Smt. Noorjahan, CDPO of ICDS Urban-1, Ward Convenor K. Ragesh, and ADS Chairperson Smt. A.M. Sugitha. The vote of thanks was delivered by P. Sreeja, Secretary of Anweshi.

Mr. Hemapalan, an international trainer from OISCA, led a session on the role of Jagratha Samithis. In the afternoon, Dr. Pavanesh Abdul Rahiman from Malabar Hospital conducted a class on cancer awareness. The seminar concluded with an evaluation session. A total of 93 participants attended.



AWARENESS PROGRAM

- 1) On 23rd November 2024, an awareness programme was conducted at the Anweshi office hall. The event began with a welcome address by P. Sreeja, Secretary of Anweshi, and was presided over by K. Ajitha, President of Anweshi. The programme was inaugurated by Dr. Rekha from MHAT. Anweshi activist Elizabeth C.S. delivered the vote of thanks.

Prof. Hameeda C.K. from the Women's Studies Department of Mahatma Gandhi University gave a presentation on the topic "History of Women's Struggles in Kerala." This was followed by a session led by Smita K.B., counsellor at the Family Court in Kozhikode, who engaged the audience with practical exercises to understand how to manage women's mental stress. The discussion session was moderated by Dr. Rekha.



- 2) On 25th January 2025, an awareness programme was organized at the Kuttiady Grama Panchayat Hall. The event began with a welcome address by Vigil, ICDS Supervisor of Kuttiady Grama Panchayat, and was presided over by P.P. Chandran, Chairman of the Welfare Standing Committee. The seminar was inaugurated by O.T. Nafeesa, President of Kuttiady Grama Panchayat. Subisha, CWF representative of the Panchayat, delivered the vote of thanks.

P. Sreeja, Secretary of Anweshi, led a session on the importance of Jagratha Samithis, while Advocate Sajira conducted a class on women's safety mechanisms and women-centric laws. A total of 82 participants attended the session.



WORKSHOPS

Workshops are organized on various topics including health, law, personality development, counselling, gender status, and women's social security systems. These workshops typically span over 3 to 4 days and are conducted as residential programs for groups engaged in social work in rural and urban areas, as well as for panchayat representatives. Each workshop accommodates 35 to 50 participants and is facilitated by experts in the respective fields.

- 1) On January 31 and February 1, 2025, a theatre workshop was organized at the Anweshi office hall. The event began with a welcome address by P. Sreeja, Secretary of Anweshi, and was presided over by K. Ajitha, President of Anweshi. The workshop was led by renowned feminist playwright and actor Sreeja Arangottukara. A total of 49 participants took part in the workshop.

Sreeja Arangottukara explained how theatre can be developed as a powerful medium to nurture the artistic talents of women and to present contemporary women's issues before society. She also highlighted how such workshops can help instill confidence among survivors. The two-day training programme concluded with joint rehearsals by survivors and Anweshi staff members, in preparation for a performance scheduled for International Women's Day on March 8.



- 2) On March 18 and 19, 2025, a workshop was conducted at Government Nursing College, Kozhikode, for fourth-year General Nursing students. The event began with a welcome address by P. Sreeja, Secretary of Anweshi, and was presided over by Professor Dr. Rajalakshmi, Principal of the Nursing College. The workshop was inaugurated by K. Ajitha, President of Anweshi. Student representative Niranjana delivered the vote of thanks.

On the first day, OISCA International trainer Mr. Hemapalan conducted a session on the topic "***Service with Smile.***" On the second day, Smita K.B. led a session on the topic of ***Gender.*** The workshop concluded with an evaluation session at 4 PM. A total of 64 students participated.

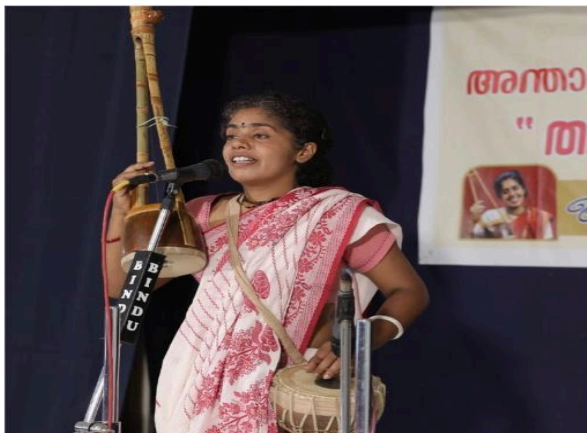




INTERNATIONAL WOMEN'S DAY

On March 8, 2025, in connection with International Women's Day, Anweshi organized a programme titled *"Thannidam Veendedukum Penkaruth"* at Saroj Bhavan, Muthalakkulam, Kozhikode. The event began with a welcome address by P. Sreeja, Secretary of Anweshi, and was presided over by K. Ajitha, President of Anweshi. The programme was inaugurated by renowned Baul singer Shantipriya.

Following the inauguration, survivors associated with Anweshi and Anweshi staff members jointly presented a variety of cultural performances. The highlight of the event was the play *"Anantharam Njanum Neeyum"*, directed by acclaimed feminist playwright and actor Sreeja Arangottukara, and performed by Anweshi staff and survivors.





PROTEST

On August 19, 2024, a protest and public gathering were held near the S.K. Pottekkatt statue at Mananchira, Kozhikode, in response to the rape and murder of a young doctor at R.G. Kar Hospital in Kolkata. The event began with a welcome address by P. Sreeja, Secretary of Anweshi, and was inaugurated by K. Ajitha, President of Anweshi, who also addressed the gathering. Viji Penkoottu also spoke during the event.



WOMEN AND CHILDREN'S HOME

Since June 2014, the government has entrusted the administration of the Women & Children's Home, aimed at safeguarding sexually abused girls under the age of 18, to the state social justice department. Presently, the theWomen & Children's Home Operates as an Entry Home, serving as the initial point of care for new arrivals. Based on the status of their mental health, newly arrived children are subsequently transferred to homes in other districts based on their mental state. Currently, the home provides protection and care for 11 girls.

CERTIFICATE COURSE

On December 15, 2024, a certificate course on the POSH Act was conducted at MHAT, Chalappuram, Kozhikode, in collaboration with MHAT. Anweshi President K. Ajitha delivered the welcome address. Renowned film director Deedi Damodaran inaugurated the programme. MHAT Director Dr. Manoj presided over the function. Penkoottu president, P. Viji delivered the felicitation address. Anweshi Secretary P. Sreeja delivered the vote of thanks.

Senior Government Pleader at the Kerala High Court, K.K. Preetha, led the session on the POSH Act. Smita K.B., Additional Counselor at the Family Court, Kozhikode, conducted a session on the topic of gender. A total of 32 participants attended the course.





INTERNSHIP

This year, a total of 35 female students from various institutions across India and abroad have joined Anweshi for their internship. These institutions include universities in Kerala, Christ Jayanti College (Bangalore), Symbiosis Law School (Hyderabad), Amrita Vishwa Vidyapeetham (Kollam), the University of Calicut (departments of Women's Studies and Development Studies), AWH Special College (Kallayi), Lisah College (Eengappuzha), Tata Institute of Social Sciences (Mumbai), St. Philomena's College (Mysuru), Arts and Science College (Vellimadukunnu), IGNOU, Central University of Karnataka, Central University of South Bihar, Integrated College of Law (Kozhikode), and Excelia Business School (France).

ORIENTATION VISIT

Students from schools and colleges across Kerala that offer Social Work as an elective subject regularly visit Anweshi to understand its functioning. Accompanied by their faculty members, these students spend a day at Anweshi learning about its various activities. The visit includes interactive sessions where Anweshi staff members share their experiences in the field, offering insights and inspiration to encourage the students toward social engagement and community work.

This year, orientation visits were made by students from Chelari Higher Secondary School, Jayabharath Arts and Science College (Ernakulam), IGNOU University, Arrafa Arts and Science College (Muvattupuzha), University of Calicut – Department of Women's Studies, Shanta

Government College (Idukki), St. Gregorios College (Kottayam), and Kinaloor Higher Secondary School.



WOMEN'S LIBRARY & READING ROOM

The membership of Anweshi Library is exclusively for women and girls. Affiliated with the State Library Council, it holds a grade 'B' status. The Library Council provides grants and allowances for the librarian. Currently, the library has a collection of 11,882 books and offers access to more than 28 periodicals, including 6 daily newspapers. It has a membership base of 243 members.

As part of the activities undertaken by the library, various programs and events aimed at women empowerment, environmental awareness, reading promotion, and cultural enrichment were organized. These included seminars on women empowerment, Environment Day celebrations, Reading Day events, Reading Parties, Granth Shala Day celebrations, History Festivals, and programs focused on dispelling superstitions. Additionally, dance training classes were conducted in the library, contributing to the cultural and artistic development of participants.



ANWESHI YOUTUBE CHANNEL

In April 2023, Anweshi launched a YouTube channel with the aim of digitally promoting its activities. The channel was initiated to present Anweshi's history and ongoing work to the public through visual storytelling. So far, more than 15 episodes have been published on the YouTube platform.

Link: <https://www.youtube.com/@anweshi8403>